

The Big Picture

Periodontitis (gum disease) is a complicated infection of bacteria in your mouth and your immune system. When bacteria attach to the root of the tooth and penetrates into the tissues below the gumline, the immune system launches an attack and tries to stop the infection. This chemical activity causes the delicate gum tissue to break down and can eventually results in tooth loss.

These are a few things that cause gum disease:

- Poor home care that allows bacteria to buildup below the gum line.
- A weak or overburdened immune system as in a patient who smokes, or a person who is battling other chronic inflammatory diseases such as heart disease, diabetes, stress, obesity, and diet.

The Four Elements of Comprehensive Care:

1. Professional Care: treatment and patient education.
2. Home care: Modern Automatic toothbrush and Plaque HD toothpaste. Use Spry gum and mints after and between meals to help prevent cavities.
3. Strengthen your immune system by reducing inflammation. (Dr. Joel Fuhrman, Eat to Live)
4. Long term supportive care (cleanings) every three months.

Each of these points are critical in getting optimal results **especially balancing your immune system**. Please visit drfuhrman.com and his YouTube videos “The End of Diabetes”, “The End of Heart Disease”, and “Cure Cancer Now”, “The End of Dieting”.

For more information on the various treatment options, visit our website happygumshop.com

I have reviewed this information.

Signature

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